Gmail **Joe Cotter <jcotter007@gmail.com>**

Re: We're Looking Forward to Seeing You at Empower Your Health!

1 message

Joe Cotter <jcotter007@gmail.com> Tue, Nov 10, 2026 at 11:44 AM
To: Michelle Foster <michelle.foster@kidney.org>
Cc: "Snyder, Richard L., M.D." <richard.snyder@ibx.com>, kim.keck@bcbs.com, "Singh, Rini (CW)" <Rini.Singh@ibx.com>, "Kortney.Cruz@ibx.com" <Kortney.Cruz@ibx.com>, "stephen.fera@ibx.com" <stephen.fera@ibx.com>

Hello Michelle;

Please take note that I was disappointed in being denied access to your event. Although I received a message that I was registered for the event, apparently there was some sort of technical issue that kept me off the list. I know you're just doing your job, but being denied access to healthcare services related to Independence Blue Cross is a common pattern that I have been experiencing for years.

Can you do me a favor? Would you enroll me in the next event, such that you can personally ensure there will be no clerical issues and I can gain entrance? I could sit on the floor or lean against the wall, I would not be a burden on your resources. In addition, I am willing to pay a fee or make a donation if I could ultimately be accepted at one of these events.

I have severe diabetes and heart disease. I haven't been to a heart doctor in nine years, and don't have access to medical care in general without legal risk. I pay for all my medical services out of pocket. I'm just looking for resources that can help my self treatment. Currently, I am filled with infection. My skin is infected, my bones are infected, my blood is infected, my teeth are infected, and both of my ears are infected (the right one is severely infected). Sure, I can use resources like AI (and I do) but I feel personally there's no substitute for a professional who has a lifelong career in managing these issues.

We can do it among ourselves, two human beings, IBX does not have to be involved. And although many of my experiences with IBX have been suspicious, this is the most openly suspicious thing I have experienced in some time. I had in fact received a notification that I was registered and welcome to the event. When I presented my name, I literally felt bad for the lady who I told it to. Her face went into an immediate state of panic. Although she recovered herself quickly, she made what I think was a critical mistake. She immediately said "So sorry, you're not on the list, you're not registered." How did she know that so quickly? She never looked down, she never checked any list. Did she have the entire list memorized? I just felt that she was pre rehearsed with a reaction when she heard my name. Then I was approached by a group of people including security people who made it perfectly clear there was no option for me to attend. On your website, the evening before, it stated that the event had been moved, same great event, different location. Another wonderful selling point was that walk-ins were still available. Yet when I presented myself at 8:00 AM, the beginning of the event, the next day, I was informed that there were no longer any walk ins. So I'm left to presume that at 8:00 AM just before I was there a large number of people had already presented themselves, consuming all of the walk in seats.

My family consists of three people: My 91 year old mother, my permanently disabled 63 year old brother, and myself. I do everything. I cook, I clean, I take them to doctors visits, laundry, lawn work, etcetera. I do it all and also work full time. And I do it with heart disease, diabetes, and no health care. I'm a seasoned IT professional and I make decent money, despite the fact that approximately 11% of it goes towards health care. I have not been in a physician's office in about eight years. If I do say so myself, I deserve better.

Considering my family's conditions, and mine, I estimate that in approximately 5 years from today, all three of us we'll just be ash in the wind. Reduced to memories, good for some, maybe not so good for others. That's not your fault, we are an aging family, and ultimately time will wash us away and eventually you and your family as well. We are all only granted so much time on this planet. When my family is completely gone, IBX can have a great big victory party because it won't matter anyway to us. Dr Richard Snyder of Independence Blue Cross is expecting this. We humbly pray that someone will assist us in our last few years as a family. If Dr Snyder would allow me one office visit in order to get antibiotics, and perhaps blood pressure medication and Nitrostat for my ever growing chest pains, it would be a life changer that would memorialize you as a broker of love. And I'm happy to pay an administrative fee if that's what it takes. Name your price. We can't take it with us.

In playing the game, *"Oops you're not registered but you're registered"*, you are colluding with an openly criminal organization and contributing to ongoing pain and suffering. It doesn't cast a positive light on your organization.

Please let me know if there's anything you can do for me. May God bless you, your family, and all of your goals in life;

Joe Cotter
www.joetheworker.com

On Mon, Oct 5, 2026 at 8:30 AM Michelle Foster <michelle.foster@kidney.org> wrote:

> We're excited to welcome you to Empower Your Health: A Wellness Symposium on Diabetes, Hypertension & Kidney Health on Tuesday, November 10 at Independence Blue Cross in Philadelphia!
>
> Get ready for a morning of learning, conversation, and connection designed to help you better understand your health and connect with resources that can support you and your family.
> Throughout the day, you'll have the opportunity to hear from medical experts, community leaders, and a patient advocate, with conversations focused on:
>
> - The connection between diabetes, high blood pressure, heart health, and kidney disease
> - Nutrition, mental well-being, and healthy lifestyle strategies
> - Breaking down barriers to care and connecting to health and social resources
> - Meeting community organizations and exhibitors offering valuable programs and support
>
> Want to see what else is planned? Visit our website for the detailed agenda, speaker information, and additional event details.
>
> And please help us spread the word! If you know a patient, caregiver, family member, friend, colleague, or community member who could benefit from this event, share the event information with them and encourage them to register. The symposium is FREE, but registration is required for each attendee
>
> We're looking forward to a great day and, most importantly, we're excited to see you there!
>
> See you November 10!
>
> **Michelle Foster**
> Community Impact & Strategic Partnerships Director
>
> NATIONAL KIDNEY FOUNDATION®
>
> 215.923.8611 x743
> Cell: 484.962.0808
> FIELD OFFICE:
> 1900 Market Street
> Suite 800
> Philadelphia, PA 19103