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We're Looking Forward to Seeing You at Empower Your Health!

1 message

Michelle Foster <michelle.foster@kidney.org> Mon, Oct 5, 2026 at 9:30 AM
To: Michelle Foster <michelle.foster@kidney.org>

We're excited to welcome you to Empower Your Health: A Wellness Symposium on Diabetes, Hypertension & Kidney Health on Tuesday, November 10 at Independence Blue Cross in Philadelphia!

Get ready for a morning of learning, conversation, and connection designed to help you better understand your health and connect with resources that can support you and your family.
Throughout the day, you'll have the opportunity to hear from medical experts, community leaders, and a patient advocate, with conversations focused on:

- The connection between diabetes, high blood pressure, heart health, and kidney disease
- Nutrition, mental well-being, and healthy lifestyle strategies
- Breaking down barriers to care and connecting to health and social resources
- Meeting community organizations and exhibitors offering valuable programs and support

Want to see what else is planned? Visit our website for the detailed agenda, speaker information, and additional event details.

And please help us spread the word! If you know a patient, caregiver, family member, friend, colleague, or community member who could benefit from this event, share the event information with them and encourage them to register. The symposium is FREE, but registration is required for each attendee

We're looking forward to a great day and, most importantly, we're excited to see you there!

See you November 10!

Michelle Foster
Community Impact & Strategic Partnerships Director

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